

VALUE HEALTH AFRICA ANNUAL MEETING FOR 2023 EXERCISES

Background

As part of the launch of activities for the year 2024-2025, Value Health Africa, as it does every year, organizes an annual meeting. The objective of this meeting is to review the activities carried out in 2023, present the challenges, lessons learned, and define the action plan for 2024.

Objectives

The 2024 Annual Meeting will be a pivotal moment to dissect 2023's successes and challenges. We'll celebrate impactful projects, analyze financial health, and optimize project execution. We'll also assess team performance, solidify volunteer engagement, and set ambitious, measurable goals for 2024. By fostering collaboration between VAHA Cameroon and Kenya, we'll maximize our impact and propel ourselves towards a brighter, healthier future.

Date: January 23, 2024

Time: 7:00 PM Cameroon Time

Location: online via Zoom App

Participants:
VAHA Cameroon team
VAHA Kenya team

AGENDA

Introction	Welcome and introduction of participants	19h00-19h05
	Presentation of the meeting objective	
Summary of activities conducted in 2023	Presentation of Value Health Africa's accomplishments in 2023	19h05-19h30
	Focus on the most important projects	
Financial Report 2023	Presentation of Value Health Africa's Cash income and expenses for 2023	19h30-19h45
	Discussion of the organization's financial situation and strategy need to be done	
Partnership and Projects submitted in 2023	Presentation of the status of projects submitted by Value Health Africa in 2023	19h45-20h00
	Partnership Made in 2023	
	Discussion of urgent actions to be taken	
Human ressources and team evaluation for 2023	Evaluation of Value Health Africa's team performance for 2023	20h00-20h30
	Discussion of changes to be made on the team	
	Discussion of changes observe to the Value Health Africa team for 2023	
	Volunteers contract (renewal)	
VAHA KENYA	Presentation of Kenya situation what's need to be done	20h30-20h45
	Revaming of kenya Activities	
2024	Action Plan	20h45-21h00
	Report (Narrative and Financial)	
Q and A	All participant and Divers	21h00-21h30

Zoom Link:

Join Zoom Meeting

<https://us05web.zoom.us/j/83417915598?pwd=EiGMb5eTWI52a0goj3aalPbpxBHczl.1>

Summary of activities conducted in 2023 - 19h05-19h30 (25min)

Throughout 2023, Value Health Africa actively addressed key health challenges in Cameroon, focusing on prevention, non-communicable diseases, sexual and reproductive health and rights, and water, sanitation, and hygiene (WASH). Their efforts included field activities, workshops, and the development of new collaborations to further their mission.

Field Activities

INTERNATIONAL NASH DAY – 09th to 15th June – North west region

Actions	Target	Result	Location
Diabetes free screening	150	7 positive with DT2	Mendankwe HD
Hypertension free screening	150	5 positive with HTA	Mendankwe HD
Boby Mass index	150	60 positives for OC	Mendankwe
Sensitization of CHWs	40	40 attend to the event	NKWEN IHC



MENSTRUAL HYGIENE DAY – 03/06/2023 – West region

Actions	Target	Result	Location
Donation of Sanitary Pads	Girl Between 14 and 20 years Olds	45 attend	Tongang II
Educative Talk	Girl Between 14 and 20 years Olds	45 attend	Tongang II



Gender Based Violence Awareness and IT training of internally displace survivor awareness and training sponsored by We –Tech (Women and Technology)

21st /07/2023 – Douala Littoral region

Actions	Target	Result	Location
Educative talk on GBV	25 IDPs survivor	20 attend	Cité des palmier Health District
IT Training	25 IDPs survivor	45 attend	Cité des palmier Health District

Trainers:

@**Caroline Nveng** GBV expert (gender-based violence)

@**Tatiana NGUEMTO** Caoch digital and Community manager

@**Estelle Ngo Nkuang** Social media marketing expert

@**Kimi Sih** president Reset the mind



NCDs and CDs Free Screening – 09th to 10th August – North west region

Actions	Target	Result	Location
Diabetes free screening	53	12 Positive cases	Tambang HD
Hypertension free screening	53	6 positive with HTA	Tambang HD
Gestational Diabetes	53	1 / 346mgdl	Tambang HD
Infant Diabetes	60	2 positives cases	Tambang HD
HIV Free screening	53	2 Positive Cases	Tambang HD

Details

Target : 9 men and 44 female 60 children (5 years to 17 years.)

Result : Diabètes (Male: 02, Female: 09) – Prédiabétiques (Male: 00, Female: 01) - hypertensive: (Male: 0 Female: 6) - HIV: (Female : 01 Male : 01)



October PINK – 20th in the North-West and 22nd – Littoral

Actions	Target	Result	Location
Educative talk	Students	700 attend	Mankon PCHS
Sport Walk			Bonanjo
Match de Gala			Stade Mbappe Ipe

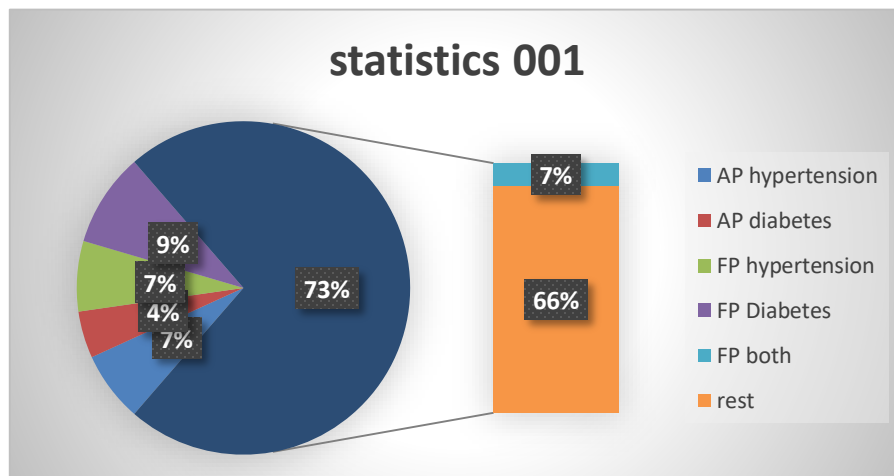
*progressive comprehensive schools



World Diabete Day – 18th Nov and 01st Dec – Douala - Littoral

Actions	Target	Result	Location
Diabetes free screening	90	10 positive with DT2	Cité des P HD
Hypertension free screening	90	6 positive with HTA	Cité des P HD
Boby Mass index	90	29 positives for OC	Mendankwe
Patient with DT2 and HTA	90	3 positive with DT2 - HTA	NKWEN IHC
Educational Talk	150	90 only attend	Location
Diétetic free screening	90		Mankon PCHS

Statistic 1 at ST Mark Parish free screening



Statistic 2 at CEBAD bilingual school

Taux d'hyperglycémie $\geq 1,26$ g/l : **13,63%**

Âge moyen des sujets avec une glycémie $\geq 1,26$ g/l : **68,5 ans**

Hypertension artérielle (TAS ≥ 140 mmhg TAD ≥ 90 mmhg) : **43,18%**

Association HTA + DT2: **31, 57%**



Workshop activities Activities

Workshop	Date	Month	Location	Targets
2 nd Dialogue with GAVI	18 th to 20 th	January	Yaounde bastos	19 CSO attend
Launch of VBG – Wetech Platform	17 th	February	Douala	09 CSO US Embassy representative 8 VBG Victims 80 public
Launch of Africa Regional Advocacy Agenda	23 rd	February	Zoom	OVOV ANN NCD Alliance Africa CDC WHO CSO
NKAUF Operational working group Session	01 st	March	Yaoundé	CSO Public Health Insurance Medical student Media
UNHCR Open door for Refugees	06 th	March	Yaounde	UNHCR and UN Institutions CSO Refugees
Evaluation of Sanitary risk with STAR tools	10 th to 14 th	April	Douala	State Institutions WHO Ministry of Public Health 3 CSO
Join Operational Review WHO Emergency Program	03 rd to 05 th	May	Douala	UN Institutions VAHA States institutions
WHO Health Cluster Meeting	29 th	June	Yaounde	CSO
EBS Workshop	24 th 28 th	July	Nairobi	CDC Afric Stackeholders
French Embassy collaboration with CSO	09 th	September	Douala	French Embassy CSO
19 th Day of Activisme against GBV	28 th	November	Douala	Woman an empowerment Social affaires UNFPA CSO

Challenge of Domesticating the AU Kampala Convention	13 th	December	Douala	UNHCR MINAT ICRC CSO MINREX
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Social Media Awareness Campaign

- World Cancer days **4th February (4 Awareness post ; 68 likes ; 0 Comments, 16 share)**
- World Water day **22nd March (01 Awareness post 12 like 0 comment, 2 Share)**
- International Nash day **1st to 08th June (8 Awareness post ; 68 likes ; 0 Comments, 16 share)**
- Global week for action on NCD **14th to 21st Sept**
- Breast Cancer Awareness month **1st to 29th Oct**
- World Diabetes day **14th November**
- World Aids/HIV Day **1st December**

Focus on the most important projects

Long Term projects

IGNITE Projet	Young Girl Protection		1500000
Fondation L'Oréal	Woman and empowerment		
UNWoman			
Amplify Change Grant	SRH		
French Embassy			3 500 000
African Woman right	Woman and empowerment		
Community EBS	Health		41 000 000 XAF
Immunization Program	Health		

Short Term projects

Suisse Embassy	Young Girl Protection	31st january	6 000 000 XAF
NASH	Health	8 june	1000 USD
Educative talk at school	Health		
NCDs Free screening in the community	SRH		
Online Awareness (Health Days)	Health		
Tabaco and Alcohol Awereness at schools	Woman and empowerment		

FINANCIAL STATEMENT 2023

Presentation of Value Health Africa's Cash income and expenses for 2023

Open balance from bank 2023: 150 000 XAF

NASH: 500 000 XAF

WETECH - 250 000

FRANKLIN : 198337

Mercy : 500 000

Total income 2023: 1 598 00

EXPENSES: Total 1 116 575

For Projet: 819 275

For Stipend: Nessa will make a statement

For Administrative cost: 25000

Internet: 10000

Ndji Emmanuel 100 000

Confection of outfit for organization: 78300

Website Annual Expenses 30 000

Rent: 54000 January - March

Cash Balance 90 000

Discussion of the organization's financial situation and strategy need to be done (to debate)

Partnership and Projects submitted in 2023

Projet : Grant Submitted

Grant	Motif du Financement	Montant en CFA	Commentaires
Recce Foundation	Wash	10000 USD	Rejected
Foundation L'oreal	Women and Empowerment	+ 5000 Euros	Submitted
PPPR	EBS	1000 USD	Rejected
GLI	NASH 2024	1000 USD	Ongoing
IGNITE	Young girl and protection	30000 USD	Ongoing

Partnership Created in 2023

Partners	Branch	Montant en CFA	Commentaires
ABC Alliance	Health	Renew	Validated
Collectif Stop Femicide 237	Woman and Protection; GBV	Join in 2023	Validated
WHO Civil Society Commission	Health	Join in 2023	Validate
GAVI CSO Member	Immunization	Join in 2023	Validated
Provaress Immunization team	Immunization	Join in 2023	Validated
LUKMEF CSO Development Center	CSO coordination	Join in 2023	Validated
US NCAGE	US AMBASSY Suvention	ongoing	N/A
Littoral CSO network	CSO round table	Join in 2023	Validated

Discussion of urgent actions to be taken (to debate)

Human resources and team evaluation for 2023

Team	Report	Creativity	Proactivity	Communication	Total %	
5	15%	60%	20%	5%	100%	

Details

Report: Rapid capacity to report activities done in the fields as mentions in VAHA reglementations (Center region have first position)

Creativity: Capacity to take initiative to create event or field activity to maintain VAHA up (NW and West region)

Proativity: Capacity to bring strategies to level up tne organization as grant proposal or submission (Littoral)

Communication: Capacity to exchange, collaborate, bring new initiative debate etc

Discussion of changes to be made to the team: (To debate)

- Review of team lead management
- Review of work strategy
- Traning

Discussion of changes observe to the Value Health Africa team for 2023

- VAHA welcome 2 new volunteers: Kabi Mong in the NW and Synthia Demantchoua Center (now in France)
- Nomination to be officialized as a Regional coordinator Littoral after 3 years with us
- Littoral have also involve Dr Elouga As a Medical expert
- Mr Signé as a Dieteticien Consultant (make a TOR)

Volunteers contract (renewal)

NENGHO Eugenie

Sebastien Ade

Sixtus Ngomo

VAHA KENYA

Intervention by VAHA Coordination Kenya

Presentation of Kenya situation what's need to be done

Revaming of kenya Acticities

Report (Narrative and Financial) and 2024 Action Plan

Q and A All participant and Divers

END