



# Value Health Africa (VAHA)Cameroon

Entrance to SIMBOCK

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Center Region, Cameroon

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## VALUE HEALTH AFRICA ACTIVITY/MISSION REPORT

### VAHA FEBRARY MONTHLY REPORT

**SUBMITTED BY: North west, West, South west region, Littoral**

**DATE: 03/02/2021**

**MONTH: January Activities**

**MISSION TEAM: Mbatu Nessa, Majoni Humphrey, Ziagh Elizabeth Nji Emmanuel, Bame Sixtus Paul Mbanyi Mbianke Livanclif, Verdzeka Nafisatu Bifin**

**ACTIVITY TITLE: Monthly report for January North West – Littoral – South West**

**Report Control by: Diane and Mercy**

#### **OVERALL PURPOSE/OBJECTIVES OF MISSION:**

- North West Online sensitization on cancer and its causes, Come up with the VAHA 2020 end of year report, health cluster meeting, concept note on sexual and reproductive health awareness project
- VAHA resilience preparation amidst COVID-19 and Post COVID-19
- Reunion sectorielle avec L'OMS et le MINSANTE, Contrôle des Rapports mois de janvier; Cloture Prudential relief Fund, sensibilisation sur les reseaux sociaux sur la consommation d'alcool.

#### **BACKGROUND:**

Value Health Africa is a non-governmental organization with its main mission being to add value to life by improving overall health and wellbeing of the people in the communities. Our main focus is on reducing pre-mature mortality from non-communicable diseases and fostering sexual and reproductive health through research and institution of cost-effective strategies at community levels. Also, implementation of water, sanitation and hygiene programs in order to improve the health of inhabitants of vulnerable communities.

For the month of February, the northwest, South West And Littoral branch of Value Health Africa carried out several activities revolving around its pillars and COVID19 response. Below is the draw up of what was done

#### **I- North West sensitization on cancer and its causes, Come up with the VAHA 2020 end of year report, health cluster meeting, concept note on sexual and reproductive health awareness project**

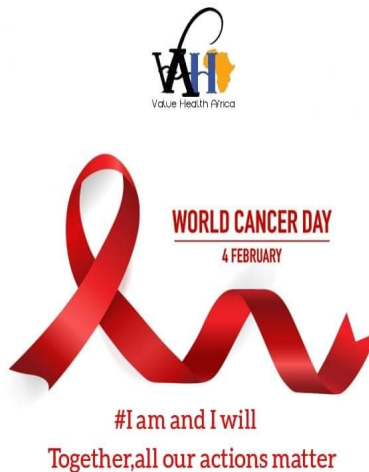
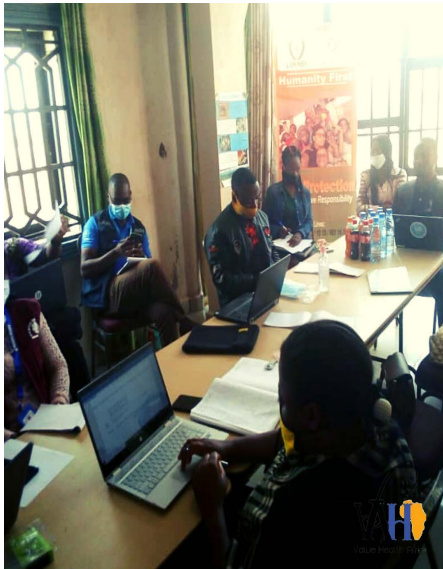
Value Health Africa was present in the health cluster meeting which took place today at the LUKMEF conference hall fon's street. The meeting was cheered by representatives from OCHA with the main aim being to remind Non governmental organisations and humanitarian aid bodies on the humanitarian principles as we work in a time of crisis both politically and health wise.

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Over 12 health organizations were present both online and onsite.

## KEY ACTIVITIES CONDUCTED

Activity	Achievements
Organised online sensitization on cancer	Increased knowledge on cancer
Attended the health cluster meeting held in Bamenda	Increased knowledge on humanitarian principles
Concept note and work plan for a sexual and reproductive health project	Came up with a concept note and work plan for a sexual and reproductive health project
End of year report	Came up with the end of year report



## KEY PERSONS MET:

Organisation	Name	Contact
LUKMEF	Mr Tosi Jones	678420675

## **CONCLUSIONS/RECOMMENDATIONS:**

### **Conclusion**

- Over 50,000 social media users benefitted from information on cancer
- Increased awareness on humanitarian principle amongst VAHA staffs

### **Recommendations**

- More permanent staffs needed to ease work load

## **BUDGET / Expenses LINE**

**No finances used during the month of February**

## **II- VAHA resilience preparation amidst COVID-19 and Post COVID-19**

The impact of COVID-19 is being felt in communities all around the world. Psychosocial distress ranging from food insecurities, increased rate of GBV, health challenges, restrained routines has made the call for building resilience especially in the most vulnerable groups a key focus in this year. Leveraging on existing structures built pre COVID-19 era, VAHA SW is seeking to use a multisectoral approach to build the capacities of vulnerable communities, population and weakened health systems.

Value Health Africa in the bid to fight against NCDs and to raise awareness on NCDs launched its “say No to NCDs” project. This project aims at carrying out massive screenings and sensitization about NCDs in the very most remote communities such as waterside communities in Cameroon. The project commenced at Bamouso is one of the numerous waterside communities in the Ndian Division. This was a two days health outreach from the 4th to the 5th of February 2021

### **OUTCOMES**

sensitization: 102 persons

screenings on Blood sugar, blood pressure, BMI,HIV: 102

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## After Consultation

1 patient tested positive for HIV

15 patients were found to be hypertensive and were linked to the Doctor of the health center for follow up.

## Donation

-We distributed Face masks to all screened and many of our people present for the general assembly.

2 litres of hand sanitizer was donated to the bamusso health center.

1 liter of hand sanitizer was given each chief present.

## KEY ACTIVITIES CONDUCTED

Activity	Number of people impacted/participated
1 screenings on Blood sugar, blood pressure, BMI,HIV	102 persons
2 work on polio grant	VAHA
3. participation in the health cluster meeting online and onsite training	VAHA



Organisation	Name	Contact
-	-	-

### III- January activities in the West region

No activity was recorded during the month of January in the west region

### IV- Reunion sectorielle avec L'OMS et le MINSANTE, Contrôle des Rapports mois de janvier; Cloture Prudential relief Fund, sensibilisation sur les reseaux sociaux sur la consommation d'alcool.

Durant le mois de fevrier VAHA littoral à conduit plusieurs activités

#### a) Renforcement des Capacité organisé par L'OMS et le MINSANTE

En effet l'OMS et le MINSANTE ont organisé du 14 au 17 fevrier un atelier de renforcement des capacites des parties prenantes, à Ebolowa et à Yaoundé. Durant 4 jours des travaux on été mené avec pour objectif la création d'une plateforme intersectorielle de la Santé. La formation a été menée par Mme Barbara Etoa Conseillère Nationale chargé de l'information et de la promotion de la santé OMS/Cameroun. Value Health Africa a répondu présent et à été représenté par Francis Fando coordonateur regional pour le Littoral. Plus 39 représentants de différentes associations ont prit part à se renforcement des capacités.



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## b) Contrôle des Rapports mois de janvier

les rapports pour le mois de Janvier on été controlé et validé et archivés.

## c) Cloture Prudential relief Fund

Le raport final et global a été remis à Prudencial Beneficial insurance marquant ainsi la cloture des activités. Un fichier du rapport global a été remis par email ainsi qu'une clé USB contenant les photos à Cletus. Value health Africa est en attente de la ceremonies de cloture ainsi de la lettre de recommandation

## d) sensibilisation sur les reseaux sociaux

VAHA dont l'un des piliers important est la sensibilisation sur le NCD's, à mener dans le cadre de la lutte contre le Cancer des champagnes de sensibilisation de sobriété en ligne et sur l'alimentation saine. Plus 1049 personnes ont été impactés.



PUBLIC AWARENESS OF THE ALCOHOL - CANCER LINK IS SHOCKINGLY LOW

Big Alcohol does not want people to know about the alcohol-cancer link.



## KEY ACTIVITIES CONDUCTED

Activité	Resultats
1 Renforcement des Capacité organisé par L'OMS et le MINSANTE	39 associations ont repondu présente
2 sensibilisation sur les reseaux sociaux	1049 followers touché



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## KEY PERSONS MET:

Organisation	Name	Contact
OMS	Mme Etoa Barbara	699415031
Delegation Régional de la Santé	Mme KOE hortence	696155800
Prudencial Beneficial Insurance	M. Cletus	675930161

## BUDGET

No finance was used during the month January

Forward all reports to [onglad@valuehealthafrica.org](mailto:onglad@valuehealthafrica.org) copying [contact@valuehealthafrica.org](mailto:contact@valuehealthafrica.org)